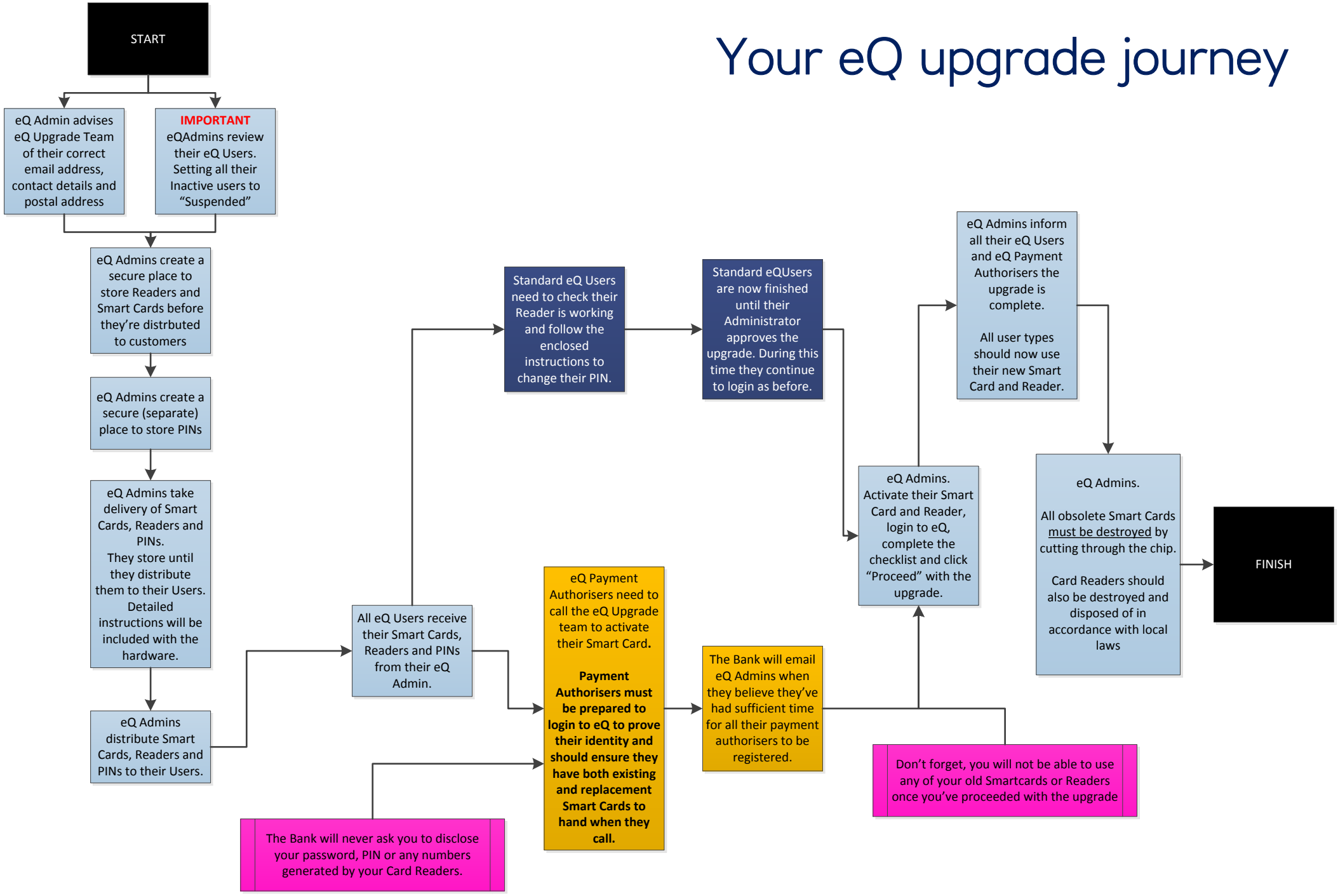Your eQ upgrade journey